Step Out of Fear and into Love

The Lion People through Ellyn Dye



Despite how it might look, humankind is turning the corner on the road to the golden age, but it's moving at a snail's pace over the wreckage of the way things used to be. These are tumultuous times, and the coming year will bring more volatility, at times feeling like Mr. Toad's Wild Ride. There is also a ripeness to the year that will bring many more opportunities and support for creativity and manifestation. It all depends on where you place your focus. No pressure, right?

Remember that Pluto, the planet of death and transformation, has been throwing its wrecking ball against society's structures, revealing all things corrupt, unsustainable, or without solid foundations. This includes governments, institutions, systems (such as health care and the economy), infrastructures, and organizations. This has been escalating since 2008 when Pluto entered Capricorn with a bang, giving us the global economic crash that first hit banking and economic systems.

All the deeply held fears, prejudices, judgments, resentments, and beliefs that have been sabotaging humanity for millennia have been dredged up for the world to see. This is all part of the massive, multidecade transformation planet Earth is undergoing. The time of graduation is coming. Have you learned your lessons?

This transit has affected the globe, but the United States had Pluto on steroids as it approached — and then sat on — the same degree it occupied when the country was created. The transit basically asks the collective, "How is that working out for you? Are you living up to the founding ideals?" It has plunged many Americans into existential terror as they look into the future and try to determine their roles. Some fear they will have no part at all. As if walking down a steep hill on gravel, they feel they are losing their footing and can't find solid ground. As a result, many are flailing to regain control, and those already unbalanced will act out with extremism.

The good news is that Pluto finally moves out of Capricorn and into Aquarius in January 2024, and the cleanup from that dredged-up muck can begin in earnest. The new energy will be very different. Life will feel lighter in general, and people will be more optimistic and creative and less polarized and bombastic. There will be a feeling of collectively rolling up your sleeves and getting to work solving the problems that have been revealed.

After its big move in January, Pluto will briefly roll back into Capricorn from September 1, 2024, to November 19, 2024, before it enters Aquarius in 2043. This is a major transformational change, and life on Earth will quite literally never be the same.

Pluto Does Its Work Well

Pluto spent fifteen years taking on age-old hierarchies, patriarchies, ruling classes, and power structures and in the process plowing up and revealing long-buried truths, abuses, exploitations, massive corruptions, and cracks in foundations. The human agents of chaos also did a fine job of creating discord, division, distrust, fear, and hate, spilling it out so that everyone could see what had been simmering under the surface for a long time. Pluto works its transformations at very deep, unconscious levels, and in the midst of the chaos (and perhaps because of it), people's views and values regarding power, wealth, and their places in the scheme of things changed on deep levels. These changes have not been fully recognized or manifested in the outer world yet, but the stirrings are starting to be seen.

Such strong shifts in energy and purpose are not easy and must be integrated by the body, mind, and spirit. Throughout 2024, the world will experience a roller coaster of continued tensions and clashes between old and new. Expect to see increasing protests — including political protests and worker strikes — as people demand the respect, rights, benefits, and pay they deserve.

Those who have enjoyed being at the top of the heap will not relinquish their power and positions without a fight. Their efforts will become increasingly desperate as they attempt to turn back progress and retain control, but these efforts will be futile.

Drama and volatility will ebb and flow over the next twelve months, becoming the background music of the year. American politics will be particularly tumultuous as the country embarks on an unprecedented series of trials of a former president in a presidential-election year. As the trials and election season progress, both sides will scream loudly as they vie to sway popular opinion. Political theater and efforts to divert attention will also escalate as more truths are revealed. Efforts to rewrite

history or turn back the clock might get some traction for a short time, but they will fail as time marches on.

You will see highs, lows, thrills, spills, disarray, and unexpected twists as this drama plays out on the world stage. By the end of the year, the political, social, and cultural landscape will be very different from what was expected at the beginning of the year. Make some popcorn, sit back, and watch as the drama plays out. Those who detach and unplug from the furor will manage the emotional roller coaster more easily and might even enjoy the ride. At every moment, you can choose to invest emotionally in the outcome and immerse in the drama or detach from the chaos and focus on living your best life in peace and love. Which will you choose?

Rise from the Ashes

In the year 2024, anything that broke in the Pluto-Capricorn transit will be cleared away or rebuilt in a more stable and sustainable way. Any attempt to repeat what was done before will fail, as there is no going back to the old ways. Integrity, sustainability, and support for the collective — rather than the few — must be built into the fabric of anything new going forward.

Reckoning, restitution, and accountability for corruption and abuse will be pursued on all levels throughout the year as the wheels of justice continue to turn. The "greed is good" years are over. At the same time, drama around climate change will increase with destructive storms, floods, wildfires, earthquakes, tornadoes, and other forces of nature. It is up to each person to be prepared. The incoming Aquarian energies will support change in how the collective views these problems and collaborative efforts to address them.

On a personal level, any changes that really needed to be made over the past few years for a person's highest good — no matter how difficult — have been made, or situations will likely become intolerable. Those who made changes will find their paths lightened, and they will be rewarded for taking those leaps of faith and doing what was difficult. It will also be a good year for those who apologize and make amends to clear accumulated cords and karma and start fresh in the new energies. Forgiving oneself and others is a crucial part of letting go and moving on.

Pluto moving through Aquarius will bring its challenges, but it will also bring fresh energy, creativity, innovation, and new technologies in all aspects of life. At the end of this transit, life will look very different compared to how it looks today. Creativity and thinking outside the box will be parts of a technological revolution that begins in January and unfolds over decades. People will find unexpected and unorthodox solutions for long-term problems that have community support. This transit will bring more awareness of, and opposition to, injustice and inequality, because Aquarius moves power into the hands of the many. Expect to see new innovative and unconventional ways to address medical issues, homelessness, and climate change, to name a few.

Work with the Energies in 2024

Unplug and let go. Those of you who immerse yourselves in media coverage this year will experience emotional roller coasters. Energies support detaching and letting go. Remember that all media outlets have biases and agendas, generally based on making money from ad revenue. They learned long ago that sensationalism, demonization, and fearmongering are reliable for pulling in viewers or readers. They have cultivated the art of subliminal seduction, creating media addicts of people who feel the need for adrenaline rushes. Whether the news source is a mainstream-media network or an internet outlet, anything that creates fear, pessimism, or despair is best turned off. Find better uses for your time and energy, and keep your vibration as high as possible.

Cultivate self-awareness and inner peace. When the outer world is in chaos, first look within. Find your calm center in the storm and return there often. Pay less attention to the external events you cannot control and more on the things you can change and make better. Where can you create healing or forgiveness and support others? Take actions that have an impact. The creative manifestation energies will make it possible to create heaven on Earth one person at a time. This requires emotional detachment, self-awareness, self-healing, releasing expectations and the illusion of control, letting go of what no longer serves you, and consciously working with the universe.

Master discernment. Discernment is often difficult, and another major outer planet, Neptune, has been throwing a fog over everyone since 2011. Neptune can be a very spiritual planet, and it has been at its most potent in its home sign of Pisces. It can elicit compassion, inspiration, and service to others, but it is also the planet of confusion, delusion, and illusion. Under the blanket of fog that Neptune throws out, it can be hard to determine what is true or real and what it all means.

Neptune, as with Pluto, affects people on deep unconscious levels and can bring out insecurities, addictions, gullibility, fanaticism, and other self-destructive elements of human nature. It inclines people to live in fantasies and hero/guru worship. Even though Neptune's influence continues until 2026, Pluto's transit into Aquarius will assist you to pierce the fog, if you so choose. The fog must first be recognized before it can be pierced. It is far easier to be fooled than to admit being fooled.

Cultivating the ability to receive accurate guidance and discern the truth is crucial. While con artists,

scams, and conflicting messages are not new, artificial intelligence (AI), such as sophisticated deep fakes, will make it even more difficult to discern what is real. Also note that fear, anger, and anxiety can make it harder to receive guidance, as they cause a type of psychic interference. Recognize people's characters by their actions rather than by their rhetoric. Give them the heart check: Do they spread kindness and unity, or do they spread polarization through anger and fear? Choose love.

The incoming Pluto/Aquarian energies will reveal the downsides of technological advances, such as AI and deep fakes. The energies will also support any and all efforts to go within and find answers and truths, especially if you are flexible and open-minded and can release your expectations, examine your beliefs and hold them loosely, and take everything you hear with a grain of salt.

Live in integrity: The energetic environment for the coming year favors — and even demands — integrity. Integrity, in this case, means being whole, undivided, cohesive, and internally and externally consistent, not unlike the structural integrity of a building's foundation. Anything out of integrity — people, relationships, companies, organizations, governments, and so on — will begin (or continue) to break down.

Internal consistency is crucial. If an organization purports to support certain values, the actions of the organization, including the ways employees are treated, must be consistent. The organization can't claim to support civil rights while abusing its workers. These inconsistencies and hypocrisies will be revealed and cause the organization to implode.

Determine the consistency between your head, heart, and actions. You cannot claim to be spiritual and loving while hating others who don't think, act, believe, or look as you do. You cannot claim to want peace while bullying, criticizing, or raging against others. These internal conflicts will cause increasingly difficult imbalances and challenges.

The Year Will Be What You Make It

All the solutions lie within. As external events become increasingly dramatic, tumultuous, and challenging, the best response will be to look within and examine your life. What do you believe, think, and do? There is no point in getting caught up in drama that you cannot affect. Focus on what you want to happen rather than what you fear might happen or what you don't want. Your attention is powerful, so be careful where you point it. Whatever you focus on will grow.

Let go of expectations and the illusion of control. Accept what comes, and know that all is well. If you don't get something you want, consider that it was not for your highest good and that something better will show up. As you release judgments, expectations, and control, the universe will roll out the red carpet. Make a point of doing random acts of kindness. Make someone's day, and you will see how happy your life becomes.

Magical manifestations are possible in 2024. Dream big. Believe in yourself. Walk through life in love and kindness, and you can't go wrong.

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